



Durham Crisis Intervention Team

Observe, listen, create a plan, communicate and connect

Dealing with True Crisis Calls.....

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We know as police officers we must respond to high stress crisis calls at any given moment! During the holidays we generally see an increase of suicide attempt calls. In less than a two week period two significant events happened for four CIT trained Durham Police Officers.

December 29th, Officer J. Sandoval responded to a call on Junction Rd where a 25 year old was attempting to cut her wrists with a steak knife. After several attempts of knocking on the door, Officer Sandoval knew that he needed to take immediate action. He kicked open the locked bathroom door and grabbed the knife and wrist of the victim. She was screaming "I just want to die". Officer Sandoval held her tight and reassured her that everything was ok and that he was there to help. She began crying and held on to him tightly as the Medic Unit entered to check her wounds and transport her for treatment.

On January 8 Officer C.C. Richards responded to the Chapel Hill Street/147 Bridge where two citizens were struggling with a man who was attempting to hang himself by jumping from the bridge. The citizens and Officer Richards fought to pull the 250 pound limp man back across the railing. After doing so, the victim began to fight Officer Richards. Officer Kimball and Officer White also responded and assisted in successfully subduing him. Officer Richards located two edged weapons on the man as well. Using his training and his CIT skills, Officer Richards was able de-escalate the Army veteran and reassured him that everything was going to be ok.

We sometimes take for granted every day what we encounter as law enforcement officers while putting our own lives at risk. It is just "what we do!" Each of these officers need to be recognized for their heroism! We surely do thank each of these officers for their quick thinking, actions, and compassion!

Collaborating Agencies:

- Durham County Sheriff's Department
- City of Durham's Police Department
- Veteran's Administration
- Duke University Campus Police
- N.C.C.U. Campus Police
- NAMI
- The Durham Center

OFFICER SPOTLIGHT



To Eastern Kentucky and back

CIT FORMS

REMINDER

OFFICERS,
PLEASE MAKE SURE YOU FILL OUT **THE ENTIRE CIT FORM**, FRONT AND BACK AND SIGN YOUR NAME! WE WANT TO BE ABLE TO KNOW WHO TO MAKE CONTACT WITH IN CASE OF FOLLOW-UP QUESTIONS AS WELL AS GIVE CREDIT TO THE OFFICERS !!

CIT Investigator Mike Fleeman showed what being a CIT Officer is all about when he responded to a request from Urban Ministries Shelter to help escort a person off the premises. Since arriving at the shelter there was a lot of mystery about the identity and history of this person. Staff suspected she may be a missing person from out of state and given her state of mental illness, were very concerned about her safety and well-being on the streets. For months multiple agencies attempted to work with her but she refused to cooperate, often becoming very agitated. The day she was asked to leave the shelter was the first day Inv. Fleeman was introduced to her. Everyone warned him to be prepared for the worst, including possibility of having to arrest her for trespassing. He spent over 6 hours with her and eventually he was able to engage her and earn her trust. She shared her incredible life story and ultimately agreed to go to DCA for an assessment. She is now in a safe place getting the help she needs and won't end up sleeping in abandoned buildings or being the victim of a crime. Inv. Fleeman has been in touch with the CUE (Center of Missing Persons) and it is likely this person may be the victim in one of the cold cases they have been tracking. Shelter staff and other community partners have not been able to sing enough great praises for Inv. Fleeman's efforts. They were truly inspired by his patience, empathy, and ability to treat her with so much dignity and respect. His efforts achieved greater results in a short period of time, than any other professional had been able to do in months. Congratulations to Inv. W. Fleeman- that is what CIT is all about!

Remember to clear all mental health calls 10-24 Code 5 If an incident report or an arrest report is necessary to complete your call, then obtain time and numbers by clearing 10-24 code 5R. We have had over 100 mental health calls since beginning on 12/29.

Collaborating Agencies Contact Information

Durham County Sheriff Office: Captain R. Padgett

919-560-0097 or 621-3020
RPadg10410@aol.com

Durham Police Department:

Sgt. L. Ray 919-560-4438 x 29227
lori.ray@durhamnc.gov

Duke University Police Department: Captain M. Linton

919-681-4370 or 812-2920;
Michael.linton@duke.edu

North Carolina Central University Police Department: Captain A.J. Carter 919-530-7365;

acarter@nccu.edu

Veterans Administration

Police: Sgt. J. Fordham 919-286-0411 x 4078

The Durham Center 560-7100 or Jennifer Meade 919-560-7201
jmeade@durhamcountync.gov

NAMI Durham Hotline-
919-231-5016 (non-crisis)

[www.durhampolice.com/
units/
crisis_intervention_team](http://www.durhampolice.com/units/crisis_intervention_team)

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You are cordially re-invited to
The Durham Crisis Intervention
Team's
3rd Annual Recognition Banquet

Rescheduled due to weather

*February 4, 2011, 11:30am-1:00pm
at the Durham Armory, 200 Foster St.*

NEW! Come visit our

Durham CIT web link at:

www.durhampolice.com

[/units/](#)

[crisis_intervention_team](#)



Join us in recognizing the exemplary and dedicated work that CIT Officers and volunteers throughout Durham County have demonstrated this past year.

Keynote Speaker – Dr. Risdon Slate, Professor of Criminology at Florida Southern College and co-author of *The Criminalization of Mental Illness: Crisis and Opportunity for the Justice System.*

Sponsored by NAMI Durham and The Durham Center

Catering by TROSA

Call or email Linda Burkhart for more information 919.370.4237, lindaburkhart@hotmail.com

SPOTLIGHT RESOURCE:



DMCT

Durham Mobile Crisis Team



DURHAM MOBILE CRISIS TEAM

560-7100

Telephone and Mobile Response 24/7/365

1-800-510-9132 (toll-free)

What do they do?

The Durham Mobile Crisis Team provides integrated, short term crisis response, stabilization and intervention for adults and children experiencing a mental health or chemical dependency crisis.

Our services are confidential, non-judgmental and respectful.

The first line of crisis response for an individual should be his or her case manager or other professional.

What they don't do

The Mobile Crisis Team does not serve consumers receiving the following services:

Assertive Community Treatment (ACT)

Intensive In-home Services (Community Support)

Multisystemic Therapy (MST)

Medical/Non-Medical Community Residential Substance Abuse Treatment

Detoxification Services

In-Patient Substance Abuse Treatment

Integrated Dual-Disorder Treatment (IDDT)

Additionally, they cannot respond to:

Life-Threatening emergencies or violent situations, such as a person who has a weapon or one who is attempting to hurt self or others

Domestic violence disturbances

Requests for transportation in non-crisis situations

Requests for step-down services from in-patient hospitalization

Requests to serve individuals from other counties and states

Utilize Mobile Crisis for those “Difficult to Engage” persons with anxiety, depression, suicide threats, or any other mental health crisis calls.

Contact: Anita Daniels

danielsa@durhamcountync.gov or (919) 560-7305



Durham County Implements Mobile Crisis Services

DURHAM – It has been two years since Freedom House Recovery Center began offering mobile crisis services in Durham. Through a contract with The Durham Center, the Durham Mobile Crisis Team (DMCT) provides integrated, short-term crisis response for adults and children experiencing a mental health or alcohol or other drug addiction crisis in their home or other community setting. Crises include thoughts of suicide, distorted, paranoid or psychotic thinking, intense anxiety, depression and/or inability to cope mentally and emotionally. They also include people who are intoxicated or withdrawing from alcohol and other drugs.

“We are excited about partnering with The Durham Center to offer mobile crisis services in Durham County,” said Trish Hussey, FHRC Executive Director. “Freedom House has been offering mobile crisis services in Orange-Person-Chatham counties for nearly three years. This is an excellent community resource to add to the menu of services we offer Durham citizens,” she added.

Mobile crisis services are provided 24/7/365 by a team of professionals including a licensed clinical social worker who serves as director of the team, psychiatrist, licensed clinical addictions specialist, and five other qualified professionals and associate professionals with experience in mental health, alcohol or other drug addiction, and developmental disabilities. The team also coordinates its efforts with the Durham Police Department’s Crisis Intervention Team (CIT) officers. A primary objective of the team is to provide timely intervention for individuals and families experiencing a crisis, address the crisis before it spirals out of control, and decrease the number of emergency room visits for mental health, alcohol, and other drug addiction needs.

“Mobile crisis services are a welcomed addition to Durham Center Access (DCA),” said James Osborn, director of the facility-based crisis unit located near the campus of Durham Regional Hospital. DCA, also operated by Freedom House Recovery Center, is a 24-hour a day facility for stabilization and short-term intervention for adults with mental health, developmental disabilities, and substance addiction crises.

DMCT is housed at DCA’s Crutchfield Street site. Like DCA, mobile crisis services are available to all Durham County citizens who meet the criteria for the program.

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DURHAM MOBILE CRISIS UNIT

560-7100

Telephone and Mobile Response 24/7/365 days

1-800-510-9132 (toll-free)

Citizens experiencing a crisis can call directly to seek mobile crisis services. Family members, friends, and others can also seek assistance on behalf of their loved ones. “Instead of going to the emergency room for non-medical mental health, alcohol, and other drug addiction needs, the individual can call DCA at (919) 560-7100 to complete a screening. Members of the mobile crisis team will respond by telephone or visit the person at home or other appropriate and safe location including nursing homes, group homes, and assisted living facilities to assess the need and determine the next best course of action,” explained Anita Daniels, a licensed clinical social worker and program director for DMCT. “The Team makes every effort to restore the person in crisis to their previous level of functioning without removing them from their familiar surroundings whenever possible,” she added.

DMCT does not respond to life-threatening medical emergencies or domestic violence disturbances. “Citizens should still call 9-1-1 immediately for assistance with those type emergencies,” Daniels reported. Additionally, the team does not provide transportation and cannot serve people from other states. It is important to note that persons in crisis who have a community provider or case manager should contact that agency first for assistance before seeking mobile crisis services.

The North Carolina Division of Mental Health, Developmental Disabilities, and Substance Abuse Services funded a portion of Durham’s mobile crisis services budget. “The Durham Center received funding from the State to provide regional mobile crisis services in Durham, Orange, Person, Chatham, Alamance, Caswell and Rockingham counties,” reported Rob Robinson, Deputy Director of The Durham Center. “We are pleased with the quality services provided by Freedom House and the mobile crisis services provided to Durham residents. Ms. Hussey has assembled a dynamic team of professionals with years of crisis experience. I am confident they will provide the citizens of Durham County the best level of care available,” he concluded. For more information about mobile crisis services in Durham, contact Anita Daniels, program director, at (919) 560-7305, or adaniels@durhamcounty.gov.