



Durham Crisis Intervention Team

Observe, listen, create a plan, communicate and connect

Inside this issue:

Bath Salts: Expert Q&A	1
Employee Spotlight	2
CIT Graduation	3
Bath Salts Continuation	4
CIT Banquet	5



Special points of interest:

<http://durham.nc.networkofcare.org/mh/>

This site will be up and running soon as a one-stop resource directory to help you locate needed services and supports throughout the Durham community.

'Bath Salts' Drug Trend: Expert Q&A Why 'bath salts' are dangerous, though not illegal in all states

Matt McMillen
WebMD Feature:
"Ivory Wave," "Purple Wave," "Vanilla Sky," and "Bliss" -- all are among the many street names of a so-called designer drug known as "bath salts," which has sparked thousands of calls to poison centers across the U.S. over the last year.

Citing an "imminent threat to public safety," the U.S. Drug Enforcement Administration (DEA) made illegal the possession and sale of three of the chemicals commonly used to make bath salts -- the synthetic stimulants mephedrone, MDPV, and methylone.

Collaborating Agencies:

- Durham County Sheriff's Department
- City of Durham's Police Department
- Veteran's Hospital

The ban, issued in October 2011, is effective for at least a year. During that time, the agency will decide whether a permanent ban is warranted.

WebMD talked about bath salts and other designer drugs with Zane Horowitz, MD, an emergency room physician and medical director of the Oregon Poison Center.

First of all, what are bath salts?

"The presumption is that most bath salts are MDPV, or methylenedioxypropylone, although newer pyrovalerone derivatives are being made by illegal street chemists. Nobody

really knows, because there is no way to test for these substances," Horowitz says.

Why are they called bath salts?

"It's confusing. Is this what we put in our bathtubs, like Epsom salts? No. But by marketing them as bath salts and labeling them 'not for human consumption,' they have been able to avoid them being specifically enumerated as illegal," Horowitz says.

What do you experience when you take bath salts?

Continued on page 4

- Duke University Campus Police
- N.C.C.U. Campus Police
- NAMI
- Alliance Behavioral Health
- Durham Fire Department
- Durham County EMS

Employee SPOTLIGHTS



CODE 5/ 5R *REMINDER*

If a call concerns a mental health concern in any way- please clear the call 10-24, code 5. If the call requires an incident or arrest report- clear 10-24, code 5R. All referrals should be supported with a CIT Report as well.

Faith Acts Summit with Jennifer Snyder

On June 2, 2012 and again on September 29, 2012, Jennifer Snyder coordinated and gathered over 70 participants to the Faith Acts Summit. The Faith Acts Summit provided a way for churches of all denominations to come together and get a better understanding of not only what we, as the Durham Police Department does, but also to bring forth a unity amongst all denominations within the communities we are a part of here in Durham.



Several issues were discussed during the two day summit, to include: Domestic Violence, Gang Awareness, Fraud (in regards to the elderly), Home Safety, Special Victims Unit as well as, the CIT program itself. There were three presentations per summit so that our participants were able to be involved with at least two presenters during the 3 hour event.

Tell us about the great job your officers do every day. We want to know!!
Sgt. Ray



Sgt. Ray was able to give more insight into the reason we are now involved in the intervention portion of Mental Illness and Substance Abuse. She was able to explain how cost effective our program is as well as how helping our consumers get connected with a provider usually helps reduce the amount of continuous calls from our "frequent fliers". She also explained how our efforts as a department have expanded throughout the county and our partnership with our local colleges, Fire/EMs Departments, and DCSO provide a great service to our communities.

Collaborating Agencies Contact Information

Durham County Sheriff Office:
Captain S. Harris
919-560-0097
SEHarris@durhamsheriff.org

Durham Police Department:
Sgt. L. Ray 919-560-4438 x 29227
lori.ray@durhamnc.gov

Durham County EMS
Director Mike Smith(919)560-8206
msmith@durhamcountync.gov

Duke University Police Department: Captain M. Linton
919-681-4370 or 812-2920;
Michael.linton@duke.edu
North Carolina Central University Police Department: Captain A.J. Carter 919-530-7365;
acarter@ncsu.edu
Durham Fire Department
Capt. Mark Law 919-560-4242
x19232 mark.law@duhamnc.gov

Veterans Administration Police: Sgt. J. Fordham 919-286-0411 x 4078
Alliance Behavioral Health 651-8400
jmeade@alliancebhc.org
NAMI Durham Hotline
919-231-5016 (non-crisis)
Durham Tech: Chief Sara Minnis
Office 919-536-7255, Ext. 5504
minnis@durhamtech.edu

CIT FORMS

OFFICERS, PLEASE MAKE SURE YOU FILL OUT THE ENTIRE CIT FORM, FRONT AND BACK AND SIGN YOUR NAME! WE WANT TO BE ABLE TO KNOW WHO TO MAKE CONTACT WITH IN CASE OF FOLLOW-UP



CIT Class Update

Planning for the next CIT class is in full swing. The next CIT (Crisis Intervention Training) class is set for November 5-9, 2012. This class will be hosted by Durham Tech. The classes will be from 8 a.m. to 4:30 p.m. on Durham Tech's campus at 1637 E. Lawson Street. We are looking forward to officers from the Durham Police Department to be a part of the 40-hour class. Please turn in all requests through Training and all proper channels. Thank you.



C.I.T. Class #13

In June, the 13th C.I.T. Class certified 30 law enforcement officers. In attendance were 8 Durham Police Officers, 3 Duke Police Officers, 2 Veterans Administration Police Officer, 11 Durham County Sheriff's Deputies, 3 NCCU Police Officers, 2 Durham Tech Officers and a Captain from Durham Fire Department. . For the first time, Durham County Fire Department employee completed the training. Our 15th CIT class will be held November 5-9, 2012 at Durham Tech Campus at 1637 E. Lawson Street. Please send an email to Cpl. T. Drinker at Tracy.Drinker@durhamnc.gov if you are interested in attending this class.

NEW! Come visit our Durham CIT web link at: www.durhampolice.com/units/crisis_intervention_team

NEXT YEARS CIT SCHEDULE

DPD Sponsored Dates:

March 11-15, 2013

DUPD Sponsor Dates:

June 10-14, 2013

DCSO Sponsored Dates:

September 9-13, 2013

Durham Tech Sponsored Dates:

November 4-8 2013

Bath Salts

Continued from pg. 1

"Agitation, paranoia, hallucinations, [chest pain](#), suicidality. It's a very scary stimulant that is out there. We get [high blood pressure](#) and increased pulse, but there's something more, something different that's causing these other extreme effects. But right now, there's no test to pick up this drug. The only way we know if someone has taken them is if they tell you they have.

The clinical presentation is similar to mephedrone [a chemical found in other designer drugs], with agitation, psychosis, and stimulatory effects. Both of these agents should be of concern, as severe agitated behavior, like an [amphetamine](#) overdose, has occurred.

A second concern is the ongoing suicidality in these patients, even after the stimulatory effects of the drugs have worn off. At least for MDPV, there have been a few highly publicized suicides a few days after their use," Horowitz says.

Are bath salts illegal?

"You can find them in mini-marts and smoke shops sold as Ivory Wave, Bolivian Bath, and other names," Horowitz says. "The people who make these things have skirted the laws that make these types of things illegal. While several states have banned the sale of bath salts, ultimately it will have to be a federal law that labels these as a schedule 1 drug, which means it has no medicinal value but a high potential for abuse, and declare them illegal

Are bath salts addictive? How are they taken?

"We don't know if they are addictive. We have not had enough long-term experience with it. Acute toxicity is the main problem. But many stimulants do cause a craving. The people who take them are very creative. They snort it, shoot it, mix it with food and drink," Horowitz says.

In October 2011, the DEA used its authority to place several of the chemicals used to produce bath salts under their control, and it's likely that they will permanently legalize the possession and sale of these chemicals and products that contain them. What impact will that have?

"Pretty much all of these chemicals will end up permanently banned," Horowitz says. "But it's easy to say, 'We've banned them.' It's something else to police them and make them go away. Cocaine, heroin, [and] marijuana are illegal, but they are all still out there. Designer drugs like bath salts never really go away. How people make them and how they sell them are the only things that change. People will abuse them until there's a crisis that brings attention to them, then they will disappear and a new drug will come along to fill the void."

Bath salts are the latest example of designer drugs. Where do you see this trend going?

"That's right. They are part of a long line of other pills and substances that we call designer drugs. And drug makers will keep creating new combinations at home and in illicit labs," Horowitz says. "It's almost impossible to keep up. And the motivation for buying them is always the same: Drugs like these are new and below the radar, unlike named illegal drugs."



SAVE THE DATE!! October 25, 2012
Durham CIT 4th Annual Recognition Banquet

You are cordially invited to
The Durham Crisis Intervention Team's
5th Annual Recognition Banquet
NEW Location! VFW Post 2740, 3707 Dearborn Dr., Durham
October 25, 2012, 11:30am-1:00pm



Join us in recognizing the exemplary and dedicated work that CIT
Officers and volunteers throughout Durham County have demonstrated this past year.

Keynote Speaker –Dr. Daniel Bradford
Sponsored by NAMI Durham and Alliance Behavioral Healthcare
Catering by Core Catering

Call or email Felishia McPherson for more information 910.336.7098, felishiamcpherson@yahoo.com