

Do You Need to Talk?

For information
or crisis help,
please contact:
Durham Center Access
(919) 560-7100
(800) 510-9132

Or come to:
309 Crutchfield Street
Durham
(near Durham
Regional Hospital)



Are you experiencing a mental health
or substance use challenge?



Would you like to talk with a
trained Peer Support Specialist who
is in recovery in his or her own life?

Caring, non-judgmental help
is available 3:00-11:00pm,
7 days a week

When you call the Recovery Support Line,
a trained Peer Support Specialist will listen,
encourage and empower you to find resolution
to your challenges in a way that fosters a
sense of hope, dignity and self-respect.

They care and are prepared to empathize with
your situation and to provide information
and referral to appropriate services.

Recovery Support Line

(919)
956-9566

3:00-11:00pm, seven days a week



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THE
DURHAM CENTER
Managing Behavioral Health & Disability Services